





Health Plan Comparison Chart

Plans for people who live in the HealthChoices Southwest Zone

																																																																																																																																																																																																																											
Member Services: 1-866-638-1232 PA Relay 711 (TTY) www.aetnabetterhealth.com/pennsylvania	Member Services: 1-800-392-1147 711 (TTY) www.gatewayhealthplan.com	Member Services: 1-800-414-9025 PA Relay 711 (TTY) www.uhccommunityplan.com	Member Services: 1-800-286-4242 711 (TTY) www.upmchealthplan.com/foryou																																																																																																																																																																																																																								
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* **NOTE:** Co-pays do not apply to the following: members who are pregnant, members under age 18, members age 18 through 20 who are in foster care, emergency services, or certain drugs for specific diseases. The information about the benefits from each plan was current at the time of printing. Please call the plan directly for the most up-to-date information.

Note: All plans provide the same basic coverage for dental care, eye care and prescription benefits. Individual plans offer additional services listed below.

Dental Care: Members under age 21 can receive all medically necessary dental services including cleanings, x-rays, crowns, and other services. Members over age 21 can receive dental services based on their Medical Assistance benefits package and medical need.

Eye Care: All members can receive 2 eye exams a year. Members under age 21 can get 2 pair of lenses and 2 frames or 2 pair of contacts or a pair of each. Members over age 21 can receive eye care services based on their Medical Assistance package and medical need.

Prescription Benefits: Members can receive brand name and generic drugs, certain over-the-counter drugs and vitamins, insulin supplies and vaccines based on their Medical Assistance benefits package.

			 <p>Affiliate of UPMC Health Plan</p>
<p>Community Connections: Local Community Health Workers help you schedule appointments, share tips for wellness and health, and find the community resources you need.</p> <p>CORA: Our Healthy RV brings tips, health screenings, and fun family activities right to your town.</p> <p>Pharmacy Advisor: Your pharmacist will teach you how your medicine can keep you healthy.</p> <p>Road to Recovery: Care managers provide resources to support your recovery from drug, alcohol, and tobacco use.</p> <p>Healthy Kids Programs: Get tips to keep your child healthy and earn rewards for keeping appointments.</p> <p>Care Management Programs: Nurses and Social Workers coordinate doctors' appointments and care. We help with transportation, food, utilities, and other barriers that keep you from staying healthy.</p> <p>Bright Expectations: Moms-to-be receive assistance to schedule doctor visits, rides, and referrals to community resources, before and after baby arrives. Rewards available!</p> <p>MOMs: Making Opportunities for MOMs, families, and baby to succeed; prenatal, postpartum and healthy child development learning sessions.</p> <p>Member Portal: Easy access to your secure healthcare information.</p> <p>AirCare/Chronic Care: Get a personal plan to help your family members who have chronic conditions, like asthma, high blood pressure, diabetes and COPD stay healthy.</p> <p>Mobile App: Find a doctor, request an ID card, change your PCP and more.</p> <p>Healthy Text Messages: Appointment reminders and healthy tips.</p> <p>Community Resource Tool: Find community and social resources near you with our tool.</p> <p>24-hour Medical Help Line: Call our Nurseline for advice when you're sick or have a health issue.</p> <p>Vision Benefits: Receive eye exams, glasses or contacts at no cost.</p> <p>Enhanced Dental Benefits: All members can get exams, cleanings and treatment for gum disease.</p> <p>Urgent Care Benefits: Participating urgent care centers are covered.</p> <p>No Cost Smartphone: Help in getting a free smartphone.</p>	<p>Goodness Rewards Gift Card Program: Earn an easy to use gift card for completing certain health activities.</p> <p>24-hour Nurse Line: Talk directly to a nurse to get answers to your health questions and receive real-time advice. 7 days a week at no cost!</p> <p>Telehealth Care: Gateway doctor visits covered by phone or video at no additional cost!</p> <p>Care Coordination: Assistance making appointments, getting medicines, arranging rides, eating healthy foods and meeting all your needs. You may need extra help with your health needs and we will support you.</p> <p>MOM Matters: Help with appointments, transportation and connection to community programs for mom and baby during pregnancy and beyond. Phone and in-person support at no cost. Earn gift cards.</p> <p>Wellness Coaching: Improve your health! Talk directly to a coach who can help make a plan just for you. Get tools to make lifestyle changes and care for the whole you.</p> <p>Caring for Kids: Help to coordinate visits to make sure that your child has all the recommended screenings, tests or shots.</p> <p>Member Portal: Talk to Gateway, learn about your health risks, find doctors or pharmacies and connect to helpful programs and tools to help you stay healthy.</p> <p>Urgent Care: Need care right away when your PCP office is closed? Go to a participating urgent care center at no cost.</p> <p>Gateway Health Connection Centers: In the communities of East Liberty and Harrisburg, open 5 days a week at no cost. Talk to a Case Manager about your health needs or learn about programs or services that you could receive.</p> <p>GED Exam: Gateway members can take the GED exam at no cost.</p>	<p>Acupuncture: Pain management treatment is available to you if you're dealing with lower back pain or migraine symptoms.</p> <p>GED Testing: We pay for the testing fee for eligible members to help further your education and achieve your goals.</p> <p>Member Rewards: Earn rewards for exams and health screenings.</p> <p>Advocate4Me: Advocates are the single point of contact to make sure all of your needs are met.</p> <p>Member Website Portal and Mobile App: Find doctors, access your member ID card, change your doctor online and more.</p> <p>UnitedHealthcare OnMyWay™: Use this helpful app to design your resume and learn how to budget.</p> <p>UnitedHealthcare Healthy First Steps®: Get the help you need to have a healthy baby. Earn gift cards and get reminders for appointments. We help with doctor visits, transportation and referrals to community services.</p> <p>Sesame Street Healthy Habits for Life: Sesame Street friends teach you how to make healthy meals on a budget and get tips about asthma and lead prevention.</p> <p>Eye Care Benefits: Members over 21 can receive one pair of glasses or contact lenses every year. Members under 21 can receive up to 2 pairs of glasses or one set of contact lenses every year.</p> <p>Special Needs Unit: Helps with accessing care and connecting you to community resources.</p> <p>24/7 NurseLineSM: Speak directly with a nurse at any time to answer your health questions.</p> <p>Urgent Care: Urgent care centers are available to you at no cost when you can't see your doctor.</p> <p>Tobacco Cessation: Get nicotine replacement products and counseling at no cost to you.</p> <p>Cell Phone: Get enrollment support in the Lifeline cell phone program.</p>	<p>Care Managers Partner with Providers: Help ease chronic conditions. Assist with community resources- housing, food, and other social services.</p> <p>Free Health and Wellness Coaching: By phone or online chat- improve your health, manage conditions, overcome obstacles.</p> <p>Free tobacco cessation support by phone, plus nicotine replacement medication benefits.</p> <p>UPMC Health Plan Maternity Program: Telephone or in person support for a healthy baby. Incentive program gift for participation- infant car seat, stroller, or portable crib. Breast pump after delivery.</p> <p>Pediatric First Steps Program: Work with a pediatric health coach throughout your baby's first 3 years. Tips on care, safety, development, doctor visits, and immunizations.</p> <p>Adult Vision Care: Services above basic coverage. UPMC for You members over 21 receive a yearly allowance for a pair of glasses or contacts/fittings.</p> <p>UPMC MyHealth 24/7 Nurse Line: Free health care advice from a registered nurse.</p> <p>UPMC AnywhereCare: Live video conversation with a UPMC provider from your digital device.</p> <p>\$0 Copay Urgent Care Center Services: Find participating centers using our website, mobile app, or a Health Care Concierge.</p> <p>Prescription for Wellness: Your doctor writes a prescription for a health coach to help you manage conditions, make informed decisions about surgeries; and improve family health.</p> <p>Free Safelink Smartphone: For qualified members. Comes with 3GB of data, 350 monthly minutes, unlimited texts, voicemail, caller ID, and 3-way calling. Members can contact a health care concierge without using minutes by calling 1-888-222-9877.</p> <p>Mobile App and Member Portal: Access ID cards, select a PCP, find a healthcare provider, view claims and coverage, live chat with a Health Care Concierge. Make healthy choices with online resources found on UPMC MyHealth Online.</p>